

CONTENTS

Content	Page No.
Executive Summary	2
Day Reports	3-15
General information for participants	16
Invitation letter for resource persons	17
List of Day Officers	18
Schedule	19-22
List of participants	23-27
Data illustration	28-30
Photo section	31-32
Media Coverage	33-34
Evaluation of participants	35
Evaluation of Resource Persons	36

EXECUTIVE SUMMARY

Name of the Course	Orientation Programme-29
Venue	The Hermitage, UGC-Human Resource Development Centre Kumaun University, Nainital.
Date	02-03-2015- 28-03-2015
Organizing Agency	UGC- Human Resource Development Centre, Kumaun University, Nainital.
Patron	Hon'ble Vice-Chancellor, Prof. H.S. Dhami Kumaun University, Nainital.
Course Team	
Director	Prof. B. L. Sah, Director, UGC- Human Resource Development Centre, Kumaun University, Nainital
Deputy Director	Dr. Divya Upadhayay Joshi, Deputy Director, UGC- Human Resource Development Centre, Kumaun University, Nainital
Assistant Director	Dr. Reetesh Sah, Assistant Director, UGC- Human Resource Development Centre, Kumaun University, Nainital
Officials	Mr. I.S. Negi, Dr. Rajendra Singh Bora, Mr. Jasod Singh Bisht, Mr. Arvind Singh, Mr. Harish C. Bhatt, Mr. Kailash, Mr. Rajendra
No. of Participants attended	31
No. of Participants applied	50
<p>Interactive Session, Breaking the Ice, Discussion on Assignment, Nainital and its environs, Central Library ASC library, Management International Relations, Environment strategic Studies, National Unity and Integration, Management, International Relations, Strategic Studies & Soft Skills, Combating Skills and Conflict Resolution & Counseling, International Collaborations in Higher Education, Emotional Maturity Mind Power, How to prepare Research Project, Why Himalaya is geologically sensitive, Teaching and Learning Process, Yoga for Holistic Health, GPA, GD, How to Write a Research Proposal, Micro Teaching, Concept Formation, Disaster Management, Disaster Management: Field Exercise Disasters in the Himalayas, Seminar: Science and Religion, Self- Awareness for Teaching Effectiveness, Communication Dynamics in Class rooms, Science, Scintificity and Research Methodology, Teacher Leadership in classrooms, Conflict Management in Academic Institutions, Kailash Mansarovar: Indo-Sino Relationship, RTI a tool for change, Importance of Himalayan Biodiversity</p>	

Day: 1 Date: 02-03-2015 Rapporteur: Mr. Deepak Kumar Tamta

**Session 1 & 2 Resource Person: Prof. B.L. Sah, Prof. SPS. Mehta, Dr. Divya U. Joshi,
Dr. Reetesh Sah**

Highlights:

Topics: Registration & Inaugural Session

- 29वें ओरियंटेशन प्रोग्राम में सर्वप्रथम मंच का संचालन डा० दिव्या यू० जोशी ने किया
- मुख्य अतिथि प्रो० एस०पी०एस० मेहता, निदेशक, डी०एस०बी० परिसर, नैनीताल ने अपने अमूल्य विचारों से अवगत कराया।
- तत्पश्चात् प्रो० बी०एल० साह, निदेशक, एकेडेमिक स्टाफ कालेज ने हमें ए०एस०सी० के बारे में जानकारी दी और बताया कि इन चार सप्ताहों में किन-किन गतिविधियों से हमें अवगत होना है।
- इसके बाद डा० रीतेश साह ने सभी अतिथियों एवं निदेशक का आभार व्यक्त किया। इसी के साथ सत्र की समाप्ति हुई।

Session 3 & 4: Resource Person: Dr. Divya U. Joshi

Highlights:

Topics: About Course

- द्वितीय सत्र का प्रारम्भ 1.30 बजे हुआ। द्वितीय सत्र में डा० दिव्या यू० जोशी ने ए०एस०सी० के समान्य नियमों की जानकारी दी तथा एसाइमेंट की जानकारी दी
- इसके पश्चात् सभी प्रतिभागी लाइब्रेरी गये और वहां से किताबें ली इसी के साथ प्रथम दिवस का समापन हुआ।

Day: 2 Date: 03-03-2015 Rapporteur: Dr. Milin K. Kansagara

Session 1 & 2 Resource Person: Prof. B.L. Sah

Highlights:

Topics: Discussion on Assignments

- What is assignment?
- What assignment becomes most effective?
- Performance based assignment
- How to maintain daily portfolio
- Group Project Activity
- Research Proposal

Session 3 & 4: Resource Person: Dr. Reetesh Sah

Highlights:

Topics: Virtual Visit of Places nearby Nainital and Central Library Visit

- History of Nainital
- Arial view of Nainital
- Information on mission butterfly
- Information to visit places nearby Nainital
- Points on which group project can be done
- Visit of Central Library

Day: 3 Date: 04-3-2015 Rapporteur: Dr. Rajesh Kumar

Session 1 & 2 Resource Person: Lt. Gen. Dr. Mohan Bhandari

Highlights:

Topics: Management, International Relations, Environment Strategic Studies

- The morning session started under the day monitor of Mr. Rajesh Kumar, the session began with National Anthem by all participants. After the National Anthem, day monitor invited Mr. Milan Kantilal Kansagara for morning and evening session's report of the previous day. After the report presentation the session start on the thought of the day. As per with the day monitor the thought was "If somebody slaps on your right cheek then show them your left cheek also." The Quotation taken by the Holy Bible, explained by day monitor, other participants also expressed their thought and views on it.
- After the discussion on the thought of the day in the technical session the day monitor welcome the Resource Person Lt. Gen. Dr. Mohan Bhandari, Former Chairman, Uttarakhand, Public Service Commission. Prof. B.L. Sah, Director, UGC-ASC introduced the Resource Person. Lt. Gen Bhandari gave talk on 'Management, International Relations, and Environment Stragetec Studies.' He presented his clip have been seen soldiers faced many problems during their duty so that civillian be comfort, and second clip shown the valuable, precious thoughts. He asked the questions to participants what is the difference between liberty and arbitrariness? What is the distinguished between 'Guru and Teacher'? How did the participants not want be a teacher? The techer stopped for a tea break.
- After the tea break the resource person began to start his lecture. He told in India have many problem like J & K problem, Militants problem, National Unity and integration problem, Naslism etc. These problems have been come by our idleness and irresponsible nature. We are all should to know our duty' and be responsible towards society and country. Then we can make develped and prosperous India.
- He explained that motivation is an inner urge that moves a person to action. He work and the active participation to make India. At last the day monitor proposed vote of thanks. The morning session was adjourned successfully

Session 3 & 4: Resource Person: Prof. B.L. Sah

Highlights:

Topics: HBDT

- The evening session was chaired by day monitor all the participants gathered to attend the second technical session of the day. In which we were blessed to have Prof. B.L. Sah, Director, UGC-ASC, Kumaun University as a resource person. The guidelines about effective presentations and step for projects were defined. He told that the participants need to decide their topics. After discussion the project topics of every groups. He told HBD/Test. HBDT test is very interesting Prof. B.L. Sah asked fifteen questions to all the participants. After given the answer to the question he told manual of the test. Answer ensures that which part of the brain more dominant than another though both of parts are equally importance
- After completion the test he left the participant to discuss their topics. It was a brain storming session. All the participants' ment to library and survey for data collecting. The house was adjoining till tomorrow.

Day: 4 Date: 5-3-2015 Rapporteur: Dr. Urvashi Pandey

Session 1 & 2 Resource Person: Lt. Gen. Dr. Mohan Bhandari

Highlights:

Topics: Management, International Relations Strategic Studies, Soft Skills Combating Skills and Conflict Resolution & Counselling

- Leadership and Management
- Success Rules
- Emotional Intelligence and Intelligence quotient
- Attitude, Soft Skills & perception

Session 3 & 4: Resource Person: Dr. Reetesh Sah

Highlights:

Topics: Power Point Presentation

- Golden tips to prepare slide
- GPA

Day: 5 Date: 7-3-2015 Rapporteur: Dr. Dipali N. Sable

Session 1 & 2 Resource Person: Prof. P.C. Tiwari

Highlights:

Topics: International Collaborations in Higher Education

Thought of the day- "Sweet, soul, bitter, salty, they all must be tested".

- The day started with the warm greetings
- The previous day monitor read the previous day report. After that the discussion was carried out on the thought of the day
- Then there was arrival of Dr. Divya U. Joshi with our resource person Dr. P.C. Tiwari to suggested us to ask maximum questions to satisfy our doubts
- Prof. Tiwari started the session with discussion on the document "Road to dignity and current environmental issues to list our research to global priorities
- He started the main topic, that included indepth discussion on following-
- What is research
- Functions of university
- Opportunities for collaborations
- Preparing to collaboration
- Participation in international conferences
- Drafting a good and competitive proposal
- Exploring funding opportunities
- Short scientific stay at foreign institute for excellence
- Short/Long term research fellowships
- Collaborative research projects
- Forthcoming opportunities 2015
- Provision of leave
- The discussion was very interesting and all participants are so impressed and information was so useful

Session 3 & 4: Resource Person: Dr. Reetesh Sah

Highlights:

Topics:

- After lunch break, there was a Computer Lab session
- At 3 o'clock all the participants got dispersed to work on their GPA

Day: 6 Date: 8-3-2015 **Rapporteur:** Dr. Dipali Namdev Sable

Topics: Report on Educational Tour

- On 8 March, 2015 Academic Staff College, Nainital organized an educational tour for Orientation Programme-29. The tour was started at 9:00 am with 19 participants who were very enthusiastic and eager to learn something related to this region. The first destination of this tour was Ghorakhal. At that place we visited the temple of 'Golu Devta'. Golu Devta is thought to be as an incarnation of Gaur Bhairav & regarded as dispenser of justice by devotees with extreme faith. Devotees in turn offer bells after the fulfillment of their wishes. That was very spiritual and near to the culture.
- After that we moved toward Sattal. It is an incorporated group of seven fresh water lakes situated in the lower Himalayan range. The Seven lakes of Sattal are Garud Tal, Nal-damayanti Tal, Puran Tal, Sita Tal, Ram Tal, Laxman Tal & Khurdariya Tal. At that destination participants also enjoyed the rope gliding.
- Now the tour was continued towards Naukuchiya Tal. The way gave lots of picturesque views. After reaching there we took lunch. There we observe some people in the traditional clothing. That was an awesome seen of colourful culture. During tour we visited Hanuman Temple. There we saw 52 feet high statue of Lord Hanuman that adds the glory in our tour.
- Our last spot is Bheemtal. It was an ancient place named after Bhima of Mahabharat. There all participants enjoyed boating to reach the aquarium. The aquarium posses interesting species of fishes by which we all are fascinated. At last we came back to Hermitage with in the time with lots of good memories

Day: 7 Date: 9-3-2015 **Rapporteur:** Resmy Sally Koshy

Session 1 & 2 Resource Person: Dr. Hardeep

Highlights:

Topics: Positive Thinking

- Thought for the day- "If you cannot do great things, do small things in a great way"
- The day began with the group assembling at the Conference Hall. The previous day, day monitor was invited to give the day report.
- After this the thought for the day was discussed. The resource person for the pre-lunch session was Dr. Hardeep Singh, SCD College, Ludhiana. He spoke about 'positive Thinking.

Session 3 & 4: Resource Person: Dr. Anjana Joshi

Highlights:

Topics: Jyotish and the Use of Colour

- After lunch the resource person for the post-lunch session was Dr. Anjana Joshi. She spoke about 'Jyotish and the use of colour'. The day ended at 4.30 pm after these four sessions.

Day: 8 Date: 10-3-2015 **Rapporteur:** Mr. Gohil Virmdevsingh Bapalal

Session 1 & 2 Resource Person: Dr. Hardeep

Highlights:

Topics: Mind Power

- Positive thinking
- Re-cycling thoughts
- Cycle of Negative thinking
- Cycle of positive thinking
- Positive words
- Body-consciousness
- Inter micenism
- Type of mind
- Self motivation
- Positive thinking techniques

Session 3 & 4: Resource Person: Prof. B.L. Sah

Highlights:

Topics: Mind Power

- All participants are going to Group Project Activity (GPA)

Day: 9 Date: 11-3-2015 **Rapporteur:** Mr. Hiten J. Kanani

Session 1, 2, 3 & 4 Resource Person: Dr. Divya U. Joshi

Highlights:

Topics: Discussion on research project proposal

- How to write introduction?
- Significance
- Objectives
- Methodology-methods
- Literature review for project
- Smart specification of topics (subject)
- Time plan for project
- Budget

Session 3 & 4: Resource Person: Prof.

Highlights:

Topics: Natural Hazards in Himalaya

- Moving plates
- Flood in Uttarakhand
- Kedarnath Agony
- Land slides
- Disaster Management
- Earthquake

Day: 10 Date: 12-03-2015 **Rapporteur :** Mr. K.T. Vhanhuve

Session 1 & 2 Resource Person: Prof. J.K. Johri

Highlights:

Topics: Teaching and Learning Process

- Teaching, Learning process
- Exploitions population and knowledge
- Biology of learning
- Blooms taxmany

Session 3 & 4: Resource Person: Dr. Divya U. Joshi

Highlights:

Topics: Group Discussion

- Group discussion was performed
- Dr. Divya U. Joshi explained the concept of references and bibliography

Day: 11 Date: 13-3-2015 Rapporteur: Mrs. Kanchan Saxena

Session 1 & 2 Resource Person: L.N. Joshi

Highlights:

Topics:

- 11th day of the O.P. 29 was started with the welcome of all participants by day monitor and the previous day report was narrated by Mr. Kallappa, after that thought of the day was discussed among the participants and the positive feedback was noted
- In the morning session presided over by Dr. L.N. Joshi, who is an eminent Yoga teacher and practioner since 10 years. He is currently working as the HOD of Yogic Science at Sanskrit University, Haridwar. He introduced the concept of self-relaxing techniques and the methods to keep our self healthy during our daily busy schedule. Later in the after tea session he discuss and make us aware about calorie management and demonstrated some light exercises for cervical spondylitis.

Session 3 & 4: Resource Person: Prof. B.L. Sah

Highlights:

Topics:

- In the post-lunch session Prof. B.L. Sah ask about problems of participants regarding Research Project. After that all participants gathered in the groups for their Group Project Activity.

Day: 12 Date: 14-3-2015 Rapporteur: Lotika Amit

Session 1 & 2 Resource Person: Dr. L.N. Joshi

Highlights:

Topics:

- On the 13th day of Orientation Programme the morning session started at 9.30 am with the previous day day monitor report and with the thought of the day.
- Then the session was started with the intellectual speech of the resource person of the day i.e. Dr. L.N. Joshi, Head Department of Yogic Science, Uttarakhand Sanskrit University, Haridwar. In his lecture he informed us the theory of 'Nadi-Vigyan'. He also gave insight on 'Yog Abhyas, Exercise and 'Pran Dharna'
- After tea break he again emphasized on the importance of 'Aasan which itself says 'अभ्यास, संयम के साथ व निरन्तर, He also informed us about Naturopathy. Afterwards practicals of aasans started and he told us about नाडी शोध अनुलोम/विलोम, मकरासन, उज्जैयी आसन, भुजंग आसन, राल्व आसन, प्राणायाम, भ्रामरी प्राणायाम etc. After that he told us about different Mudras i.e. Pran Mudra, Ling Mudra and हृदय मुद्रा। At last he about Dhyān i.e. How to improve inner strength.

Session 3 & 4: Resource Person: Dr. Reetesh Sah

Highlights:

Topics:

- In the afternoon session after lunch, the felicitation function of Dr. L.N. Joshi was organized by ASC, Nainital, All the staff member including the Director, Prof. B.L. Sah, Dr. Divya U. Joshi and Dr. reetesh Sah were present. In the function a boquet and momento had seen given to the Chief Guest i.e. Dr. L.N. Joshi After the function all the participants were given the choice to go for either GPA or Computer lab

Day: 13 Date: 16-3-2015 **Rapporteur:** Dr. Pralhad. Rege

Session 1 & 2 Resource Person: Dr. Divya U. Joshi

Highlights:

Topics: How to Write a Research Proposal

- The morning session was begun at 9:45 am by welcome address of Day Monitor Dr. Pralhad Rege.
- Then Prof. (Mrs) Lotika Amit has read the day report of Saturday 14th March 2015.
- The morning session was from 10 am to 11.15 am and then 11.30 to 1pm.

Tea break: 11.15 to 11:30 am

- The session was taken by Dr. (Mrs) Divyya Joshi. Her topic for discussion was How to Write a Research Proposal. She discussed various aspects of research proposal writing also she rendered her acquaintance to the participants about research ethics. Dr. Joshi has also solved several doubts of participants. She has various important tips about the same. I, hereby express my deepest gratitude towards Dr. Divya U. Joshi for her invaluable guidance and key information about research proposal writing.

Session 3 & 4: Resource Person: Prof. B.L. Sah

Highlights:

Topics: Concept Formation

Afternoon session: 2 to 4:45 pm including Tea break from 3 to 3:30 pm.

- This session was taken by Director Prof. B.L. Sah. His topic of discussion was **Concept Formation**. He has discussed various aspects of the same also he has familiarized everyone with how digit formation took place and how blood groups are co-related with peculiar characteristics of human. It was indeed very

Day: 14 Date: 17-3-2015 **Rapporteur:** Mr.

Session 1 & 2 Resource Person: Prof.

Highlights:

Topics:

.....

Session 3 & 4: Resource Person: Dr.

Highlights:

Topics:

-
-

Day: 15 Date: 18-3-2015 **Rapporteur:** Mr. Ankur N. Kansagara

Session 1 & 2 Resource Person: Prof. R. K. Pandey

Highlights:

Topics: Disaster Management

- Why Disaster Management?
- Cycle of Disaster as Hazard-Vulnerability-Risk-Disaster-Hazard
- Discussion on Pre Disaster-During Disaster and Post Disaster Management
- Disaster Psychology

Session 3 & 4: Resource Person:

Highlights:

Topics: Field work

- Rappling
- Facing nodes
- Ways to save casualty

Day: 16 Date: 19-3-2015 **Rapporteur:** Dr. Suresh Kumar Arya

Session 1 & 2 Resource Person: Prof. Shekhar Pathak

Highlights:

Topics:

- दिनांक 19.3.2015 के प्रातःकालीन सत्र का आरम्भ सभी प्रतिभागियों के स्वागत अभिनन्दन से किया गया। तत्पश्चात् दिनांक 18.3.15 के डे मॉनीटर द्वारा प्रथम दिवस की रिपोर्ट से सभी को अवगत कराया गया। तत्पश्चात् 19.3.15 के डे मॉनीटर द्वारा सद्विचार में उठो, जागो और तब तक मत रुको जब तक सफलता न मिल जाये”- स्वामी विवेकानन्द के विचारों से अवगत कराया। इस विचार पर सभी की सहमति व्यक्त की गयी। अतिरिक्त समय होने के कारण पुनः एक विचार व्यक्त किया गया- “यदि किन्हीं दो व्यक्तियों के पास एक-एक रूपया हो और वे उसे आपस में आदान-प्रदान करें तो भी दोनों के पास एक-एक रूपया ही रहेगा, किन्तु हमारे पास एक-एक सद्विचार हो और उसे आपस में आदान-प्रदान करें तो निश्चित ही दोनों के पास दो-दो विचार होंगे।

- प्रथम सत्र में पद्मश्री सम्मान से सम्मानित प्रो० शेखर पाठक को मेरे तथा डा० रीतेश साह ने उनका परिचय सभी से कराया तत्पश्चात् पद्मश्री प्रो० शेखर पाठक ने हिमालयन क्षेत्र की महत्ता के संदर्भ को अनेक प्रकार से समझाया। मानव अनजाने में किस प्रकार से आपदा को स्वयं निमंत्रित करता है और उसको रोकने के उपायों को हमें बताया। साथ ही हमें उत्तराखण्ड के पर्यटन की महत्ता समझायी। इको टूरिज्म को किस प्रकार से बढ़ावा दिया जा सकता है। इस संदर्भ में अनेक उदाहरणों को भी हमारे समक्ष रखा।

Session 3 & 4: Resource Person: Dr. Reetesh Sah

Highlights:

Topics:

- द्वितीय सत्र में आपदा राहत कर्मियों द्वारा अपने पहले दिन के प्रोग्राम के पश्चात् के कार्यक्रमों से अवगत कराया और आपदा प्रभावितों को घटना स्थल से किस प्रकार से राहत प्रदान करते हुए अस्पताल तक पहुंचाया जा सकता है। इसके पश्चात् डे मॉनीटर द्वारा उनका आभार व्यक्त करते हुए समापन कार्यक्रम किया।

Day: 17 Date: 20-3-2015 Rapporteur: Dr. Nabajyoti Das, Mr. Shivaji Naik,

Mr. Virendra Kumar Singh, Mr. Santhosh Kumar CG

Session 1 & 2 Resource Person: Prof.

Highlights:

Topics:

- **Thought of the Day :**
- "One of the greatest tragedies of our time is this impression that has been created that science and religion have to be at war." - Francis Collins.
- All OP-29 participants gathered in the conference room. Mr. Suresh Kumar Arya presented the Day report of 19th March 2015. Later on thought of the day was discussed by day monitors as well as participants.
- At 10.15 am all the participants were gathered in Radhakrishnan Hall to attend the National seminar on "Science and Religion" organized by UGC ASC, Nainital.
- The programme was inaugurated by lighting the lamp by Prof. H.S.Dhami, V.C. of K .U. Nainital followed by other Guests. The program was graced by Prof. J. K. Joshi as the Key Note Speaker and Prof. C. P. Barthwal as Chief Guest. The programme was hosted by Dr. Divya U. Joshi, Dy. Director, ASC, Kumaun University. The theme of the seminar was introduced by Prof. B.L. Sah, Director, ASC, Kumaun University. The inaugural session was concluded with the vote of thanks offered by Dr. Reetesh Sah, Asst. Director ASC, Kumaun University.
- After inaugural session the Technical Session-I was held in two parallel sessions. In these two parallel sessions total 10 papers were presented. The sessions were chaired by Prof. D. C. Pandey (in the Radhakrishnan Hall) and Dr. D. S. Kotalia (in the Conference Hall).

Session 3 & 4: Resource Person: Prof. D. C. Pandey and Dr. D. S. Kotalia

Highlights:

Topics:

- The Technical session-II was held after lunch in two parallel sessions. Total 20 papers were presented. The sessions were chaired by Prof. D. C. Pandey (in the Radhakrishnan Hall) and Dr. D. S. Kotalia (in the conference room).
- The programme was concluded with the Vote of thanks offered by the Rapporteurs Dr. Mamta Pant and Ms. Pragya Verma in both the venue respectively.

**Day: 18 Date: 21-3-2015 Rapporteur: Mr. Nareshkumar Ajudia &
Mr. Shivaji B. Sanade**

Session 1 & 2 Resource Person: Dr. Sanjay Kataria and Dr. Anjana Joshi

Highlights:

Topics: Paper Presentation in National seminar (day 2)

- Papers presentation
- Valedictory function
- Chef Guest : Prof. S.P. Singh
- Guest of honor : Prof S P S Mehta

Session 3 & 4: Resource Person: Prof.

Highlights:

Topics: Field work (GPA)

- GPA Work

Day: 19 Date: 23-3-2015 Rapporteur: Pragya Verma

Session 1 & 2 Resource Person: Dr. Ashish Johri

Highlights:

Topics: Self awareness for teaching effectiveness, Communication dynamics in classroom

- Dr. Johri started his lecture discussing about the skill of management. He told us that self-awareness is the initiative towards self-management. Through some interesting exercises like 'Drawing a Trace and 'wheel of life' we came to know about the shape of own life wheel which could be balanced/imbanced. During the second exercise we were able to recall each and every moment and persons attached with it in a flash-back. In the hustle-bustle of life we often forget on fails to remember them. He also discussed about communication dynamics in classroom for effective teaching-learning process.

Session 3 & 4: Resource Person: Dr. Ashish Johri

Highlights:

Topics:

- In the post lunch session we discussed how a teacher can be in the role of a leader? How can a teacher deal with individual-differences in a classroom?

Day: 20 Date: 24-3-2015 Rapporteur: Dr. Mamta Pant

Session 1 & 2 Resource Person: Dr. Ashish Johri

Highlights:

Topics: 'द्वन्द्व की प्रक्रिया एवं उसका निदान'

- द्वन्द्व की शुरुआत तब होती है जब जानबूझकर दूसरे को नुकसान पहुंचाने की कोशिश की जाती है।
- किसी भी संस्था में द्वन्द्व का कारण हो सकता है—
- किसी तथ्य में अलग-अलग विचारधाएं तथा लक्ष्य का भिन्न होना।
- व्यवहार में भिन्नता
- विचारों में असहमति।
- प्रश्नावली के माध्यम से द्वन्द्व-निदान प्रणाली से अवगत कराया।

Session 3 & 4: Resource Person: Prof. V.K. Pant

Highlights:

Topics: Science, Scientificity and research methodology change and development

- विज्ञान विषय न होकर एक पद्धति है। अतः पद्धति का अनुसरण करते हुए जो ज्ञान प्राप्त होता है वह विज्ञान है।
- परिकल्पना प्राथमिक शोध पर आधारित है, सिद्धांत के निर्माण हेतु कल्पना से भी आगे जाना पड़ेगा।
- शोध अपने आप में एक उद्देश्य है। यह साधन नहीं है जिसके माध्यम से हम अपना लक्ष्य प्राप्त करें।
- सामाजिक परिवर्तन की जो पुरानी प्रक्रिया है उसको परिवर्तित करना ही आधुनिकीकरण है।

Day: 21 Date: 25-3-2015 Rapporteur: Mr. Manoj Uttamrao Patil

Session 1 & 2 Resource Person: Prof. V.R. Dhoundiyal

Highlights:

Topics:

- प्रथम सत्र में सबसे पहले कल के डे मॉनीटर श्री राजेश उत्तमराव ने कल की डे रिपोर्ट पड़ी। उसके बाद आज का विचार रखा और उस पर चर्चा हुई।
- आज के अतिथि व्याख्याता प्रो० वी०आर० ढौंडियाल ने सभी प्रतिभागियों का माइक्रोटीचिंग कराया उसमें प्रथम सत्र में 21 प्रतिभागियों ने अपना माइक्रोटीचिंग की।

Session 3 & 4: Resource Person: Prof. V.R. Dhoundiyal

Highlights:

Topics:

द्वितीय सत्र में 9 प्रतिभागियों ने अपना माइक्रोटीचिंग किया और फिर उसके बाद डा० वी०आर० ढौंडियाल ने अपना उद्बोधन किया और निम्न बातें बताई—

- उन्होंने कहा ओरियंटेशन प्रोग्राम का उद्देश्य क्या है?
- माइक्रोटीचिंग में सैक्शन ऑफ टॉपिक टाइम मैनेजमेंट, प्रजेंटेशन तथा नोलेज इन घटकों के बारे में बताया।
- अच्छा अध्यापक बनने के लिए स्किल को बढ़ाना महत्वपूर्ण बताया।
- अध्यापक के लिए इंटरैस्ट, इनोवेशन, एबिलिटी के बारे में बताया।
- क्वालिटी टीचर के लिए क्वालिटी लर्निंग और क्वालिटी एजुकेशन की आवश्यकता बताई।

Day: 22 Date: 26-3-2015 Rapporteur: Mr. Ankush G. Suryavanshi

Session 1 & 2 Resource Person: Dr. Divya U. Joshi

Highlights:

Topics:

- दिनांक 26 मार्च 2015 के दिन की शुरुआत डा0 दिव्या यू0 जोशी की अध्यक्षता में हुई। उन्होंने बताया शोध प्रस्ताव किस तरह लिखना चाहिए? इस बारे में जानकारी दी।
- इस सत्र में आठ प्रतिभागियों ने अपना शोध पत्र प्रस्तुत किया
- द्वितीय सत्र में आठ प्रतिभागियों ने अपना शोध प्रस्ताव प्रस्तुत किया जिस पर टिप्पणियां कर डा0 जोशी ने शोध की कमियों को दूर करने की सलाह दी।

Session 3 & 4: Resource Person: Dr. Divya U. Joshi

Highlights:

Topics:

- तीसरे सत्र की शुरुआत 1.30 बजे हुई। इस सत्र में कुल आठ प्रतिभागियों ने शोध प्रस्ताव प्रस्तुत किये। डा0 जोशी ने उस प्रस्ताव में कमियां दिखा कर उनका मार्गदर्शन किया।
- चौथे सत्र में कुल चार प्रतिभागियों ने शोध प्रस्ताव प्रस्तुत किये जिस पर डा0 दिव्या जोशी ने गहन चर्चा की अंत में डा0 जोशी ने सबको मार्गदर्शन करके शुभकामनाएं दी।

Day: 23 Date: 27-3-2015 Rapporteur:

Session 1 & 2 Resource Person:

Highlights:

Topics:

Session 3 & 4: Resource Person:

Highlights:

Topics: Cultural Activities

Day: 24 Date: 28-3-2015 Rapporteur:

Session 1 & 2 Resource Person:

Highlights:

Topics: Valedictory Session

- ओरियंटेशन कार्यक्रम— 29 के अन्तिम दिन का प्रारम्भ डे0 मॉनीटर द्वारा स्वागत भाषण से हुआ। तत्पश्चात् विगत दिन के डे मॉनीटर द्वारा कार्यक्रम की समीक्षा की।
- समापन समारोह में मुख्य अतिथि द्वारा सम्बोधन।
- कार्यक्रम में निदेशक, प्रो0 बी0एल0 साह एवं सहायक निदेशक डा0 रीतेश साह उपस्थित रहे।
- अन्त में मुख्य अतिथि एवं निदेशक द्वारा सभी प्रतिभागियों को प्रमाण-पत्र प्रदान किये गये।
- कार्यक्रम का संचालन व धन्यवाद ज्ञापन डा0 रीतेश साह, सहायक निदेशक द्वारा किया गया।

GENERAL INFORMATION

The colonial town of Nainital situated in the Indian state of Uttarakhand is the headquarters of Nainital District in the outer Himalayas. Situated at an altitude of 1,938 meters (6,358 feet) above sea level, this town with its beautiful splendour is one of the most popular famous tourist places of the country. Nainital has moderate summers, maximum temperature 29 °C; minimum temperature 10 °C and extreme winters with minimum sub-zero temperatures. You should bring adequate clothing suitable for Nainital, a sweaters and a jacket are required to brave the cold in the morning or evening hours.

MODES OF TRANSPORT - Nainital is well connected with the rest of the country through different modes of transport.

RAILWAYS – Kathgodam, 35 Kms. away, is the nearest railway terminus of the broad gauge line of North East Railways connecting Nainital with Delhi, Dehradun & Howrah. Lalkuan, 60 Kms from Nainital, is connected to Bareilly, Mathura & Lucknow. Nainital is 35 Km. far from Kathgodam, the nearest railway station and 285 Km from New Delhi and 310 Km. from the state capital Dehradun.

You can take a Taxi or Buses from Kathgodam or Haldwani. Taxis are available on shared seat basis at Haldwani Taxi Stand & as well as at Kathgodam, Haldwani & Lalkuan railway stations.

A computerized Railway Reservation counter is situated near Bus Stand at Nainital. This facility is also available at Kathgodam, Haldwani & Lalkuan railway stations.

RAILWAY TIME TABLE

(Kindly confirm with current schedule of Indian Railways)

Train Name	Train No.	From/Departure time	To /Arrival time	Train No	From/Departure time	To /Arrival time
Ranikhet Express	15014	Kathgodam/ 20:40	Delhi/ 04:00	15013	Delhi/ 22:40	Kathgodam/ 05:20
UTR Samprk K Ex.	15036	Kathgodam/ 08:50	Delhi/ 15:20	15035	Delhi/ 16:00	Kathgodam / 22:40
Bagh Express	13020	Kathgodam/ 21:55	Howarah/ 12:40	13019	Howarah/ 21:45	Kathgodam / 09:30
Nainital Express	15307	Lalkuan / 20:45	Lucknow/ 06:25	15308	Lucknow/ 20:45	Lalkuan / 06:10
KGMDDN express	14119	Kathgodam/19:45	Dehradun/04:20	14120	Dehradun/ 22:50	Kathgodam/07:10

BY BUS - The U.K.S.R.T. Corporation (Uttarakhand Govt. Roadways) provides direct buses to Nainital from Delhi, Lucknow and major cities of the state. There are many private tour operators who provide good and luxurious coach buses to Nainital from New Delhi. Besides these, Harayana Roadways, Rajasthan Roadways & the DTC (Delhi Transport Corp.) also operate direct buses to Nainital. It takes around 8 hrs to reach Nainital from New Delhi. Nainital is connected to National Highway No. 87.

There are branches and ATM's of almost all major banks in Nainital.

The use of plastic bags is banned in Nainital.

Invitation letter for Resource Persons

Ref. No: UGC ASC- KU/PRO/OP-28/14-15

Date: 25/02/2015

Dear Sir,

The UGC-Academic Staff College, Kumaun University, Nainital is organizing Orientation Programme-29 for university/college teachers from 02-28 March, 2015.

I request you to be a resource person in the above programme. On the basis of previous communication with you, your lectures have been scheduled as follows:

Date /Day	Time	Topic of lectures
19 March 2015 Thursday	09.45-11.15 am.	Disaster Management
	11.30 -01.00 pm.	Disaster Management

Venue: Conference Hall, The Hermitage, Kumaun University, Mallital, Nainital.

Please inform us of your travel programme and the exact topics of your lectures at the earliest. List of components is being attached with this letter. You will be paid honorarium and TA/DA as per University Rules. We are able to provide you accommodation in the Guest House of Kumaun University, Nainital.

Kindly note that Resource Persons in all our courses are requested to deliver lectures in the interactive mode, allowing maximum opportunities for participants to ask questions and discuss vital points of interest. It is also desirable that you provide a soft copy of any supplementary resource material/copy of your lecture to us before your scheduled lecture, so that copies of the same may be provided to each of the participants.

A line in confirmation will be highly appreciated.

Thanking you,

With warm regards,

Sincerely,

B.L. Sah

(Prof. B.L. Sah)

Director

To,

Dr. Ashish Johri

Executive Director

EduTrain Training and Consulting Services

Jaipur

List of Day Officers

UGC-Academic Staff College, Kumaun University, Nainital Orientation Programme-27 (01 May 2014– 28 May 2014)

LIST OF DAY OFFICERS

DATE	DAY MONITOR
Day-1	Deepak Kumar Tamta
Day-2	Milan Kantilal Kansagara
Day-3	Rajesh Kumar
Day-4	Urvashi Pandey
Day-5	Dipali Namdev Sable
Day-6	Garima Tyagi
Day-7	Resmy Sally Koshy
Day-8	Gohil Virmdesingh Bapalal
Day-9	Hiten Jayantilal Kanani
Day-10	Kallappa Tukaram Vhanhuve
Day-11	Kanchan Saxena
Day-12	Lotika Amit
Day-13	Pralhad Vinay Rege
Day-14	Manoj Uttamrao Patil
Day-15	Ankur Navin Bhai Kansagara
Day-16	Suresh Kumar Arya
Day-17	Nabajyoti Das /Santosh Kumar C.G./ Virendra Kumar/ Shivaji Vishnu Naik
Day-18	Nareshkumar Karshanbhai Ajuda //Tejpal Singh / Shivaji Babaso Sadale
Day-19	Pragya Verma
Day-20	Mamta Pant
Day-21	Rahul Chudaman Ranveer
Day-22	Ankush Gangaram Suryawanshi
Day-23	Geeta Pant
Day-24	Suchetan Kumar

Equipment & Computer Lab In-charge - Suyash Bhardwaj

Summer House/Meditation Room in-charge - Bhanu Prakash Joshi

Schedule

**UGC Academic Staff College Kumaun, University Nainital
Orientation Programme-29
02-28 March, 2015**

DATE/DAY	SESSION	TOPIC	RESOURCE PERSON
2 March 2015 Monday	09.45-11.15 am.	Registration / Introduction	
	11.30 -01.00 pm.	Inaugural Function	
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Interactive Session with participants/Fears & Expectations	ASC Team
	03.00 -04.30 pm.	Breaking the Ice	Dr. Reetesh Sah
3 March 2015 Tuesday	09.45-11.15 am.	Discussion on Assignment	Prof. B.L. Sah
	11.30 -01.00 pm.	Discussion on Assignment	Prof. B.L. Sah
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Nainital and its environs	Dr. Reetesh Sah
	03.00 -04.30 pm.	Nainital and its environs	Dr. Reetesh Sah
4 March 2015 Wednesday	09.45-11.15 am.	Management International Relations, Environment strategic Studies	Maj Gen. MC Bhandari
	11.30 -01.00 pm.	National Unity and Integration	Maj Gen. MC Bhandari
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Lab Session	Lab Session
	03.00 -04.30 pm.	GPA	Prof. B.L. Sah
5 March 2015 Thursday	09.45-11.15 am.	Management, International Relations Strategic Studies & Soft Skills	Maj Gen. MC Bhandari
	11.30 -01.00 pm.	Combating Skills and Conflict Resolution & Counseling	Maj Gen. MC Bhandari
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	GPA	GPA
	03.00 -04.30 pm.	GPA	GPA
6 March 2015 Friday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.		
	01.30 -03.00 pm		
7 March 2015 Saturday	09.45-11.15 am.	International Collaborations in Higher Education	Prof. P.C. Tewari
	11.30 -01.00 pm.	International Collaboration in Higher Education	Prof. P.C. Tewari
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	GPA	GPA
	03.00 -04.30 pm.	GPA	GPA
8 March 2015 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.		
	01.30 -03.00 pm		
9 March 2015 Monday	09.45-11.15 am.	Emotional Maturity	Dr. Hardeep
	11.30 -01.00 pm.	Emotional Maturity	Dr. Hardeep

	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Lab Session	Lab Session
	03.00 -04.30 pm.	GPA	GPA
10 March 2015 Tuesday	09.45-11.15 am.	Mind Power	Dr. Hardeep
	11.30 -01.00 pm.	Mind Power	Dr. Hardeep
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Lab Session	Lab Session
	03.00 -04.30 pm.	GPA	GPA
11 March 2015 Wednesday	09.45-11.15 am.	How to prepare Research Project	Dr. Divya U Joshi
	11.30 -01.00 pm.	How to prepare Research Project	Dr. Divya U Joshi
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Why Himalaya is geologically sensitive	Prof. C.C. Pant
	03.00 -04.30 pm.	Why Himalaya is geologically sensitive	Prof. C.C. Pant
12 March 2015 Thursday	09.45-11.15 am.	Teaching and Learning Process	Prof. J.K. Joshi
	11.30 -01.00 pm.	Teaching and Learning Process	Prof. J.K. Joshi
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	GD	Dr. Divya U Joshi
	03.00 -04.30 pm.	GD	Dr. Divya U Joshi
13 March 2015 Friday	09.45-11.15 am.	Yoga for Holistic Health	Dr. L.N. Joshi
	11.30 -01.00 pm.	Yoga for Holistic Health	Dr. L.N. Joshi
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	GPA	GPA
	03.00 -04.30 pm.	GPA	GPA
14 March 2015 Saturday	09.45-11.15 am.	Yoga for Holistic Health	Dr. L.N. Joshi
	11.30 -01.00 pm.	Yoga for Holistic Health	Dr. L.N. Joshi
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Lab	Lab
	03.00 -04.30 pm.	GPA/Lab	GPA/Lab
15 March 2015 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
16 March 2015 Monday	09.45-11.15 am.	How to Write a Research Proposal	Dr. Divya U. Joshi
	11.30 -01.00 pm.	How to Write a Research Proposal	Dr. Divya U. Joshi
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Micro Teaching	Prof. V.R. Dhoundiyal
	03.00 -04.30 pm.	Micro Teaching	Prof. V.R. Dhoundiyal
17 March 2015 Tuesday	09.45-11.15 am.	Concept Formation	Prof. B.L. Sah
	11.30 -01.00 pm.	Concept Formation	Prof. B.L. Sah
	01.00-01.30 pm.	LUNCH	
	01.30 -03.00 pm	Micro Teaching	Prof. V.R. Dhoundiyal
	03.00 -04.30 pm.	Micro Teaching	Prof. V.R. Dhoundiyal
18 March 2015 Wednesday	09.45-11.15 am.	Disaster Management	Prof. R.K. Pande
	11.30 -01.00 pm.	Disaster Management	Prof. R.K. Pande
	01.00-01.30 pm.	LUNCH	

	01.30 -03.00 pm	Disaster Management: Field Exercise	Dr. Devendra Rawat
	03.00 -04.30 pm.	Disaster Management: Field Exercise	Dr. Devendra Rawat
19 March 2015 Thursday	09.45-11.15 am.	Disasters in the Himalayas	Prof. Shekhar Pathak
	11.30 -01.00 pm.	Disasters in the Himalayas	Prof. Shekhar Pathak
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Disaster Management: Field Exercise	Dr. Devendra Rawat
	03.00 -04.30 pm.	Disaster Management: Field Exercise	Dr. Devendra Rawat
20 March 2015 Friday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
21 March 2015 Saturday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
22 March 2015 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
23 March 2015 Monday	09.45-11.15 am.	Self- Awareness for Teaching Effectiveness	Dr. Ashish Johri
	11.30 -01.00 pm.	Communication Dynamics in Class rooms	Dr. Ashish Johri
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Science, Scintificity and Research Methodology	Prof. V.K. Pant
	03.00 -04.30 pm.	Lab Session	Lab Session
24 March 2015 Tuesday	09.45-11.15 am.	Teacher Leadership in Classrooms	Dr. Ashish Johri
	11.30 -01.00 pm.	Conflict Management in Academic Institutions	Dr. Ashish Johri
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Science, Scintificity and Research Methodology	Prof. V.K. Pant
	03.00 -04.30 pm.	Lab Session	Lab Session
25 March 2015 Wednesday	09.45-11.15 am.	Science, Scintificity and Research Methodology	Prof. V.K. Pant
	11.30 -01.00 pm.	PPT Presentation	PPT Presentation
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Kailash Mansarovar: Indo - Sino Relationship	Sh. Anup Sah
	03.00 -04.30 pm.	Kailash Mansarovar: Indo - Sino Relationship	Sh. Anup Sah

26 March 2015 Thursday	09.45-11.15 am.	PPT Presentation	PPT Presentation
	11.30 -01.00 pm.	PPT Presentation	PPT Presentation
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	PPT Presentation	PPT Presentation
	03.00 -04.30 pm.	GPA Presentation	GPA Presentation
27 March 2015 Friday	09.45-11.15 am.	RTI a tool for change	Prof. A S Rawat
	11.30 -01.00 pm.	Importance of Himalayan Biodiversity	Prof. A S Rawat
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Cultural Session	Cultural Session
	03.00 -04.30 pm.	Feedback Session	Feedback Session
28 March 2015 Saturday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.		
	01.30 -03.00 pm		
	03.00 -04.30 pm.		

VALEDICTORY

List of participants

UGC Academic Staff College Kumaun, University Nainital Orientation Programme- 29 (From 02/03/2015 to 28/03/2015)

S N	Name & Address of Participants	Address & Residence	M /F	Cat.	Subject	University	Phone No./E-Mail
1.	Alfred Joseph Lawrence Assistant Professor Department of Chemistry Isabella Thoburn College 7, Faizabad Road, Lucknow (U.P.)	A-108 Rajaji Puram Lucknow (U.P.)	M	Mino rities	Chemistry	Kucknow University	Tel(O): Tel(R): Mobile: 09889451000 Email : alfred_laurence @yahoo.com
2.	Ankur Navin Bhai Kansagara Assistant Professor Department of Mathematics Shree D K V Arts & Science College, Pandit Nehru Marg Jamnagar-361008 (Gujarat)	203, Arpan Apartment 3/3, Patel Colony Jamnagar (Gujarat)	M	Gen	Mathematic s		Tel(O): Tel(R): Mobile: 09426757504 Email : ankur.dkv.maths @gmail.com
3.	Ankush Gangaram Suryawanshi Assistant Professor Department of Political Science P.V.P. College Pravaranagar A/P Loni (KD) Tal. Rahata Dist. Ahmednagar-41371 (Maharashtra)	C/o Mahavir Dhanraj Jordarwal Near Indirani Indian Oil, Kolhar Road Tal. Rahata Dist. Ahmednagar-413713 (Maharashtra)	M	SC	Political Science	University of Pune	Tel (O): 02422-273425 Tel (R): 02422-273426 Mobile: 09960970322 Email: ankushtmv@rediffmail.com
4.	Bhanu Prakash Joshi Assistant Professor Department of Yoga & Naturopathy Uttarakhand Open University, Haldwani-263139 (Uttarakhand)	C-12 Judge Farm, haldwani, Dist. Nainital (Uttarakhand)	M	Gen	Yoga & Naturopathy	Uttarakhand Open University	Tel (O): 05946-261122 Tel (R): Mobile: 09411163102 Email: bhanujoshi@uou.ac.in
5.	Deepak Kumar Tamta Assistant Professor Department of Economics Kumaun University, s S J Campus, Almora -263601 (Uttarakhand)	Village Dahanya Om –Vihar Colony, Haldwani (Uttarakhand)	M	SC	Economics	Kumaun University	Tel (O): 09456366248 Tel (R): Mobile: 09456542962 Email: tatadeep07@gmail.com
6.	Dipali Namdev Sable Assistant Professor Department of	-----	F	ST	Environment al Science	S R T M , University, Nanded	Tel (O): Tel (R): Mobile: 07276872251

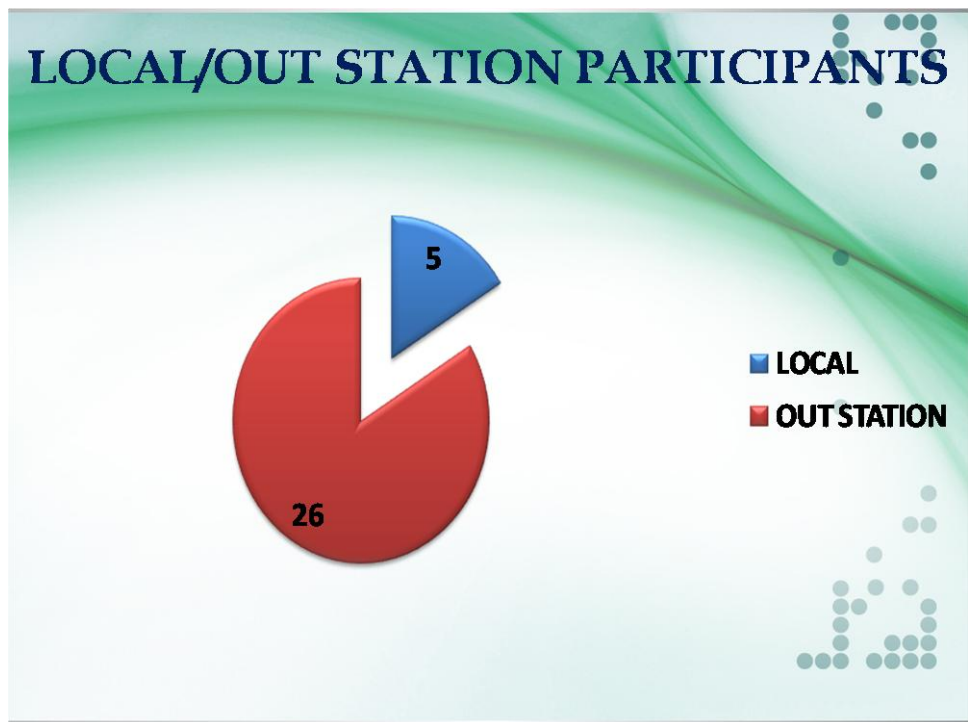
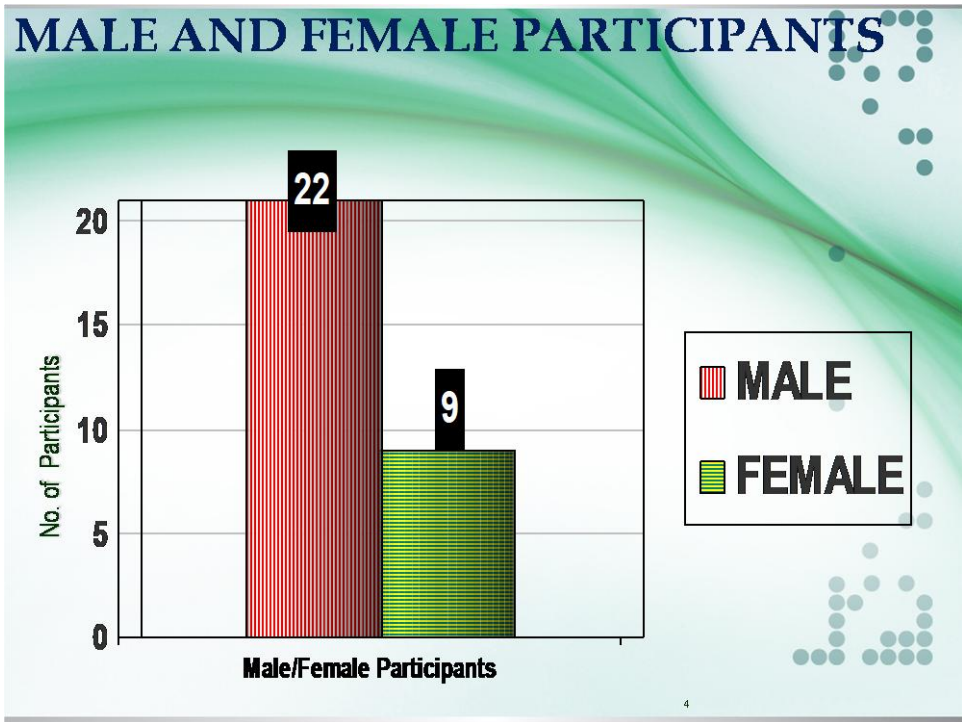
	Environmental Science School of Earth Sciences S R T M , University, Nanded-431606 (Maharashtra)						Email: dipali.sable29@gmail.com
7.	Garima Tyagi Assistant Professor Faculty of Education Nawal Kishore Bhartiya Municipal Girls P.G. College, Sambhal, Gate, Chandausi-244412 (U.P.)	144/5, Chiranjeev Vihar, Ghaziabad (U.P.)	F	Gen	Education	M.J. P. Rohilkhand University, Bareilly	Tel (O): Tel (R): Mobile: Email: garima_tyagi_precious@yahoo.co.in
8.	Geeta Pant Assistant Professor Department of Hindi Government Degree College, Manila Dist. Almora- 263667 (Uttarakhand)	54, Basant Vihar Chhoti Mukhani, Haldwani Dist. Nainital (Uttarakhand)	F	Gen	Hindi	Kumaun University	Tel(O): 05966- 248123 Tel(R): Mobile: 09756384844 Email : geetapantjoshi@yahoo.com
9.	Gohil Virmdesingh Bapalal Assistant Professor Department of Psychology Shree V.M. Sukariya Mahila Arts College, Botad Dist.- Botud At/ Botad Paligad Road (Gujarat)	Tq.Varj vibar Society Block – 38, Near Gaushala Botad Road Dist Botad Gudhudg (Gujarat)	M	Gen	Psychology	Shree M.K. Bhavnagar University	Tel(O): 02849- 242361 Tel(R): Mobile: 09925676418 Email : viramdevgohil4646@gmail.com
10.	Hiten Jayantilal Kanani Assistant Professor Department of Mathematics Bahauddin Science College, Junagadh- 362001 (Gujarat)	C/o V.G. Desai 85/ASHreenath ji Palace Street No.-3, Shrenath Nagar Junagarh- 362001 (Gujarat)	M	Gen	Mathematics	Saurashtra University	Tel(O): 0285- 2675731 Tel(R): Mobile: 09510265430 Email : hitenmaths69@gmail.com
11.	Kallappa Tukaram Vhanhuve Assistant professor Department of Political Science Shriman Bhausahab Zadbuke Mahavidyalaya, Barshi (MH))	A/P Kumbhari Tal.- South Splapur Dist.- Solapur-413006 (Maharashtra)	M	SC	Political Science	Solapur University	Tel (O): Tel (R): Mobile: 09850170642 Email: ktvhanhuve@gmail.com
12.	Kanchan Saxena Assistant Professor Department of Home Science Nawal Kishore Bhartiya Municipal Girls P.G. College,	27, Mandi Chob, Amroha (U.P.)	F	Gen	Home Science	M.J. P. Rohilkhand University, Bareilly	Tel (O): Tel (R): Mobile: 09045050985 Email: kanchu.18virgo@gmail.com

	Sambhal, Gate, Chandausi-244412 (U.P.)						
13.	Lotika Amit Assistant professor Department of Home Science M.B. P.G. College, Haldwani-263139 Dist. Nainital (Uttarakhand)	Gayatri Nagar Phase-II Gas Godam Road, Haldwani Dist. Nainital (Uttarakhand)	F	Gen	Home Science	Kumaun University	Tel (O): Tel (R): Mobile: 09837149446 Email: lotika124@yaho o.co.in
14.	Mamta Pant Assistant professor Department of Hindi Kumaun University S S J Campus Almora (Uttarakhand)	Dugalkhola Almora (Uttarakhand)	F	OBC	Hindi	Kumaun University	Tel(O): Tel(R): Mobile: 09897593253 Email: mamtapanth.pan th@gmail.com
15.	Manoj Uttamrao Patil Assistant Professor Department of Philosophy P.V.P. College, Pravaranagar Tq. Rahata Dist. Ahmednagar- 413713 (Maharashtra)	Balaji Apartment Saptrangi Nagar Loni (kd) Tq. Rahata Dist. Ahmednagar (Maharashtra)	M	Gen	Philosophy	University of Pune	Tel (O): 02422- 273425 Tel (R): 02422- 273426 Mobile: 09970544101 Email: akshymanoj@g mail.com
16.	Milan Kantilal Kansagara Assistant Professor Department of Mathematics H & H B Kotak Institute of Science, Dr. Yagnik Road, Rajkot-360001 (Gujarat)	47, "Ajit" Jalaram Nagar B/H, Gayatri School, Zanzarda Road, Junagarh- 362001 (Gujarat)	M	Gen	Mathematics	Saurashtra University	Tel (O): 0281- 2465643 Tel (R): Mobile: 09687616500 Email: milankansagara2 011@gmail.com
17.	Nabajyoti Das, Dr. Librarian Handique Girl's College, Dighali Pukhuri West, Guwahati-781001 (Assam)	H.No. 10 (A) Latakara Ganesh Nagar Road, Ganesh Nagar Basistha, Guwahati- 781029 (Assam)	M	Gen	Library Science	Gauhati University	Tel (O):0361- 2543793 Tel (R): Mobile: 09954864424 Email: nabajyotidaslib @gmail.com
18.	Nareshkumar Karshanbhai Ajuda Assistant Professor Department of Mathematics H. & H.B. Kotak Institute of Science Dr. Yagnik Road, Rajkot-360001 (Gujarat)	"Amrut", Raghuvir Park- 4 Near Patidar Chok Sadhu Wasvani Road, Rajkot (Gujarat)	M	Gen	Mathematic s	Saurashtra University	Tel(O): 0281- 2465643 Tel(R): Mobile: 0971205921 Email : nka121@gmail. com
19.	Pragya Verma Assistant Professor	C/o Shri R.N. Verma Jauhari	F	OBC	English	Kumaun University	Tel (O): Tel (R):

	Department of English Kumaun University, S S J Campus, Almora (Uttarakhand)	bazaar, Bans Gali Almora (Uttarakhand)					Mobile: 07830430930 Email: pragyaverma210 @gmail.com
20.	Pralhad Vinay Rege, Dr. Assistant Professor Department of Chemistry St. Xavier's College, 5 Mahapalika Marg, Mumbai-400001 (Maharashtra)	23- Laxmi Nivas, 2 nd Floor Subhash Road- B Behind Garware in Front of ITD Cementation Company, Vile Park East Mumbai (Maharashtra)	M	Gen	Chemistry	Mumbai University	Tel(O): 022- 22620661 Tel(R): 022- 26840168 Mobile: 09619006650 Email : pralhad1806@g mail.com
21	Rahul Chudaman Ranveer Assistant Professor Department of Food Science & Technology) Shivaji University, Kolhapur-416004 (Maharashtra)	-----	M	SC	Food Science	Shivaji University,	Tel(O): Tel(R): Mobile: 099967309295 Email : rahul.ranveer@g mail.com
22.	Rajesh Kumar Assistant professor Department of Law Govt. Law College, Gopeshwar P.O. Gopeshwar Dst.- Chamoli-246401 (Uttarakhand)	S/o Sri Magon Masih Methodist Church Compound Nainital Road, Haldwani Dist.- Nainital (Uttarakhand)	M	Gen	Law	H.N.B. Garhwal University	Tel (O): 01372- 251343 Tel (R): Mobile: 09761597307 Email: rajeshkmlaw@g mail.com
23.	Resmy Sally Koshy Assistant Professor Department of English Mar Ivanios College, Nalanchira, Trivandrum-695015 (Kerala)	Thaikadavik 'Shanthi' TC 2/2438 Pattoh, P.O. Trivandrum (Kerala)	F	Gen	English	Kerala University	Tel(O): Tel(R): 0471- 2446685 Mobile: 09497004756 Email : resmykoshy@g mail.com
24.	Santosh Kumar C.G. Assistant Professor Department of Mathematics W M O Arts & Science College, Post. Muttill Dist. Wayanad-673122 (Kerala)	Charuvelil (H) Neervaram (Post) Dist. Wayanad- 673122 (Kerala)	M	Gen	Mathematic s	Calicut	Tel(O): Tel(R): Mobile: 09447780543 Email : skumarcg@gma il.com
25.	Shivaji Babaso Sadale Assistant Professor Department of Physics Kolhapur , (Maharashtra)	At/P : Rendal, Tal Hat Kangale, Dist.Kolhapur (Maharashtra)	M	Gen	Physics		Tel(O): 0230- 2451368 Tel(R): 0231- 2692333 Mobile: 09403450170 Email :

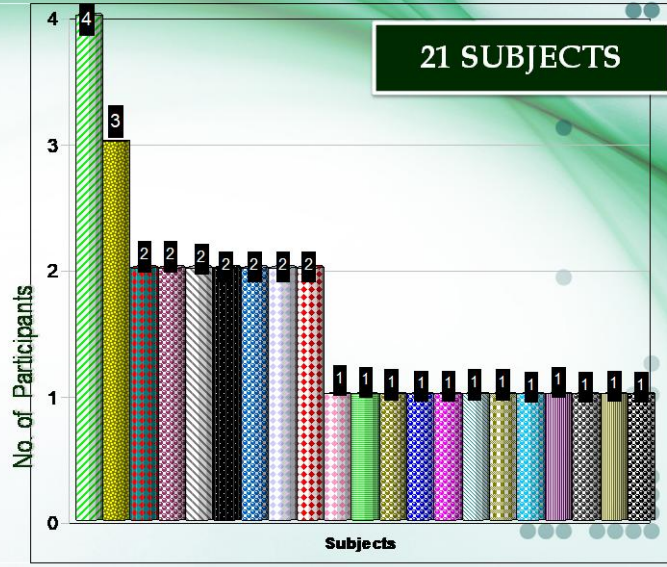
							shivajisadele@yahoo.com
26.	Shivaji Vishnu Naik Assistant Professor Department of Geography VPM's Joshi Bedekar College, Chendani Road- 400601 (Maharashtra)	Tata Press CHS, B.G., Sector-15 Nerul Navi- Mumbai-400706 (Maharashtra)	M	Gen	Geography	University of Mumbai	Tel (O): 022-- 25332412 Tel (R): Mobile: 09833849956 Email: sameernaik24@ yahoo.co.in
27.	Suchetan Kumar Assistant Librarian D S B Campus Kumaun University, Nainital	New Municipal Quarter, Rakerly Compound Mallital, Nainital	M	Gen	Lib. & Inf. Science	Kumaun University	Tel(O): 05942- 2323636 Tel(R): Mobile: 07409119170 Email: suchetan.sah@g mail.com
28.	Suresh Kumar Arya Assistant professor Department of Education (B.ed.) L.S.M. Govt. P.G. College, Pithoragarh-262502 (Uttarakhand)	Arya Niwas G.I.C. Road, Jeolikote Vill.& Post. Jeolikote (Nainital), Uttarakhand	M	SC	Education	Kumaun University	Tel (O): 05964- 264027 Tel (R): Mobile: 09557394141 Email: skarya30@gmai l.com
29.	Suyash Bhardwaj Assistant professor Department of Engineering & Technology Gurukul Kangri University, Haridwar-249402 (Uttarakhand)	1-B Gangotri Street, Vishnu Garden Kankhal, P.O. Gurukul Kangri, Haridwar (Uttarakhand)	M	Gen	Engineering & Technology	Gurukul Kangri University,	Tel (O): 01334- 310693 Tel (R): 01334- 242203 Mobile: 09719580167 Email: suyash.bhardwaj @gmail.com
30.	Tejpal Singh Assistant professor Department of Hindi S S J Campus, Almora Kumaun University	J.K. Traders Lower Mall Road, khatyari, Almora (Uttarakhand)	M	SC	Hindi	Kumaun University	Tel(O): Tel(R): Mobile: 09411754254 Email: tejpaldr424@gm ail.com
31.	Urvashi Pandey Assistant professor Department of Sociology Govt. Degree College, Bhatrojnkhana, Dist. Nainital -263646 (Uttarakhand)	Melrose Compound Mallital, Nainital (Uttarakhand)	F	Gen	Sociology	Kumaun University	Tel (O): Tel (R): Mobile: 09350609579 Email: urvashiupadhya y5@gmail.com
32.	Virendra Kumar Assistant Professor Department of Economics Govt. P.G. College, Sangipur, Pratapgarh (U.P.)	Govt. P.G. College, Campus Sangipur, Pratapgarh (U.P.)	M	SC	Economics	Dr. R.M. L. University, Faizabad	Tel (O): 05946- 261122 Tel (R): Mobile: 09411163102 Email:

Data Illustration



SUBJECT WISE REPRESENTATION

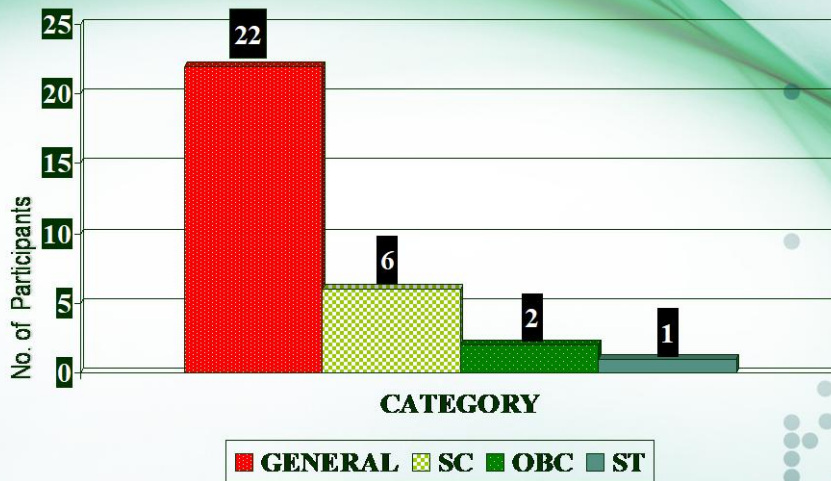
- MATHEMATICS
- HINDI
- POLITICAL SCIENCE
- EDUCATION
- HINDI
- HOME SCIENCE
- LIBRARY & INFORMATION SCIENCE
- ENGLISH
- SOCIOLOGY
- YOG SCIENCE
- ECONOMICS
- ENVIRONMENTAL SCIENCE
- PSYCHOLOGY
- PHILOSOPHY
- HISTORY
- CHEMISTRY
- FOOD SCIENCE



21 SUBJECTS

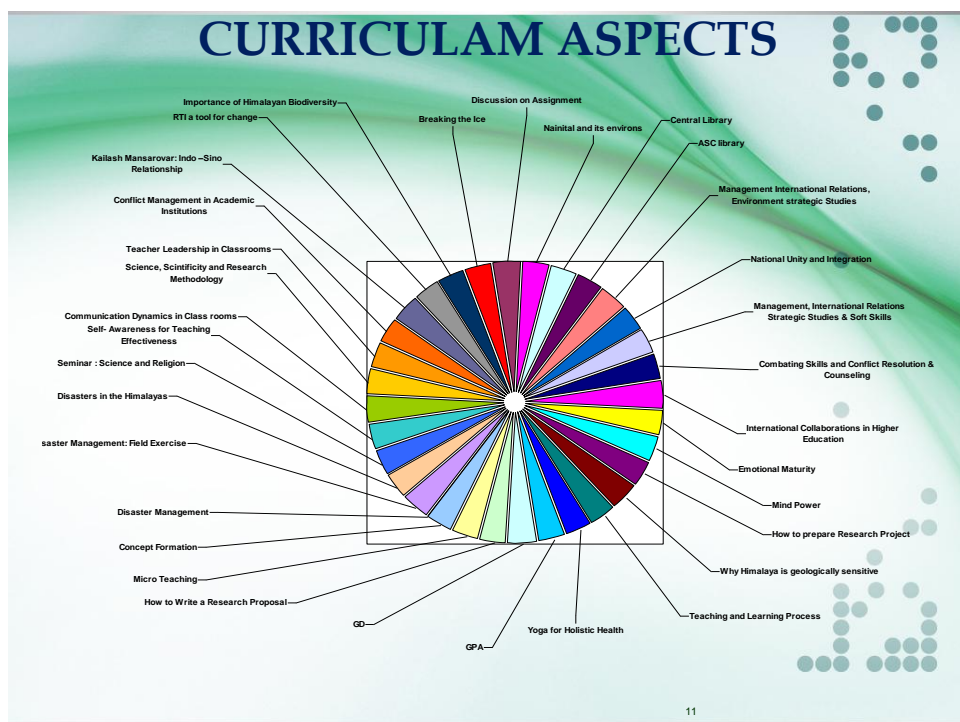
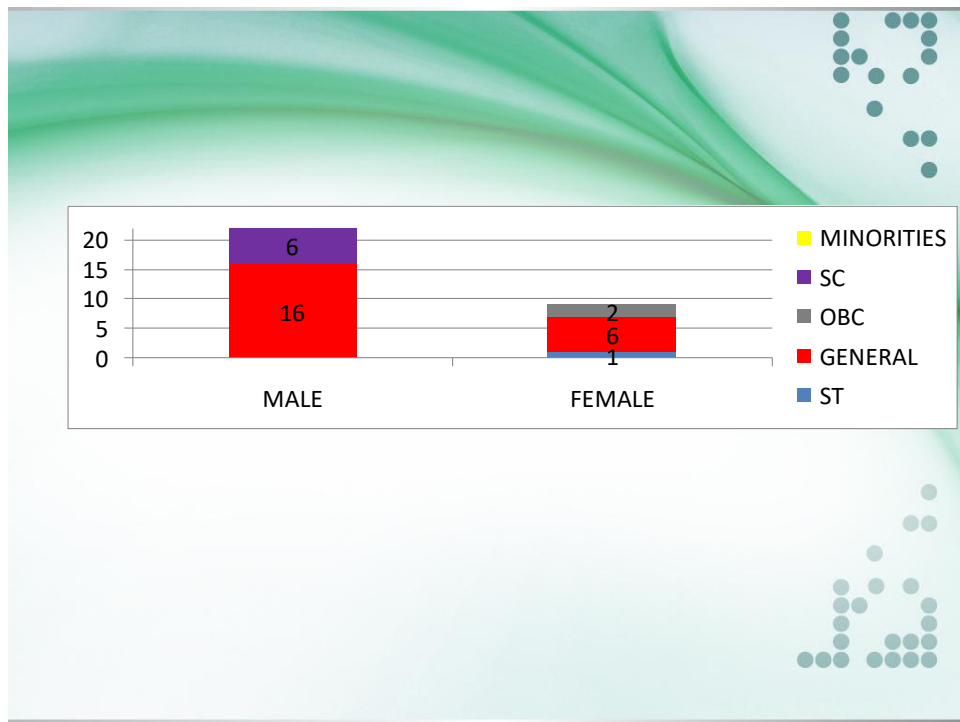
8

CATEGORY WISE REPRESENTATION



9

Male and Female Participants



Photograph





Media Coverage

दैनिक जागरण हल्द्वानी, 15 मार्च 2015

एचआरडीसी कहलाएगा एकेडमिक स्टाफ कॉलेज

जागरण संवाददाता, नैनीताल : यूजीसी एकेडमिक स्टाफ कॉलेज पहली अप्रैल से ह्युमन रिसोर्स डेवलपमेंट सेंटर (एचआरडीसी) कहलाएंगे। यूजीसी की ओर से इस संबंध में नोटिफिकेशन जारी कर दिया गया है।

2007 में कुमाऊं विवि का यूजीसी एकेडमिक स्टाफ कॉलेज हरमिटेज भवन में स्थापित किया गया। कॉलेज के निदेशक प्रो. बीएल साह ने बताया कि दिल्ली-यूपी व उत्तराखंड में नौ एकेडमिक स्टाफ कॉलेज हैं। उपलब्धियों के लिहाज से कुमाऊं विवि का कॉलेज उत्तर भारत में अग्रणी स्थान प्राप्त है। पहले इन

कॉलेजों में किसी भी विषय पर प्रशिक्षण कार्यक्रम आयोजित किए जाते थे, लेकिन अब यूजीसी ने विषयों का निर्धारण कर दिया है। प्रो. साह के अनुसार नैनीताल में यौगिक साइंस, आपदा प्रबंधन, भूगर्भ विज्ञान, शोध प्राविधि, वाणिज्य व बायो-साइंस आदि विषयों पर रिफ्रेशर कोर्स आयोजित किए जाएंगे। उपनिदेशक डॉ. दिव्या उपाध्याय जोशी व सहायक निदेशक डॉ. रितेश साह के अनुसार कॉलेज में प्रशिक्षण के बाद देश के कई प्राध्यापकों ने

◆ अब सिर्फ छह विषयों पर चलेंगे प्राध्यापकों के रिफ्रेशर कोर्स

शोध के क्षेत्र में खासा मुकाम हासिल किया है। ज्ञातव्य हो देशभर में यूजीसी- एकेडमिक कॉलेजों की संख्या 66 है।



दैनिक जागरण हल्द्वानी, 15 मार्च 2015

नाड़ी विज्ञान दिलाएगा कई तरह के रोगों से मुक्ति

◆ अंतरराष्ट्रीय योग भवन हरमिटेज में योग गुरु डॉ. जोशी सम्मानित

जागरण संवाददाता, नैनीताल : अंतरराष्ट्रीय योगगुरु व नाड़ी विशेषज्ञ डॉ. लक्ष्मी नारायण जोशी के अनुसार प्रागदौड़ भरी जिंदगी व समय की कमी के बीच लोगों को योग की नई विधा नाड़ी विज्ञान से तरह-तरह की बीमारियों से मुक्ति दिलाई जा सकती है।

उन्होंने कहा कि हिमालय क्षेत्र का शिक्षा, योग श्रैणी, शिक्षण एवं शोध में उल्लेखनीय योगदान रहा है। कहा कि वह दिल की बढ़ती बीमारियों पर शोध कर रहे हैं। पूरे देश में नाड़ी विज्ञान के माध्यम से रोगों का उपचार करने के लिए शिक्षक तैयार किए जाएंगे। शनिवार को हरमिटेज भवन में व्याख्यान देने पहुंचे संस्कृत विवि के विभागाध्यक्ष डॉ. जोशी को अंतरराष्ट्रीय स्तर पर योग की पहचान दिलाने के लिए सम्मानित किया गया। कॉलेज के निदेशक प्रो. बीएल साह की ओर से पुरस्कार स्वरूप सम्मान पट्टिका भेंट की गई। संबोधन में डॉ. जोशी ने

लक्ष्मी नारायण जोशी को सम्मानित करते प्रो. बीएल साह।

कहा कि मानव शरीर में 72 हजार नाड़ियां होती हैं। हर साधन का नाड़ी का दबाव पड़ता है। आहार संयमित रखने से शरीर स्वस्थ रहता है। उन्होंने नाड़ी विज्ञान विधि से बीमारियों के उपचार के तौर-तरीके भी बताए। 2008 में यह संयुक्त राष्ट्र संघ, विश्व स्वास्थ्य संगठन व ओलंपिक संघ के सहयोग से सौ देशों के एक हजार खिलाड़ियों को प्रशिक्षण दे चुके हैं। इस मौके पर कॉलेज की उपनिदेशक डॉ. दिव्या उपाध्याय जोशी समेत प्रशिक्षणार्थी मौजूद थे। संचालन डॉ. रितेश साह ने किया।



एक-दूसरे की धुरी हैं विज्ञान और धर्म



किताब का विमोचन करते कुलपति प्रो. धामी, पूर्व कुलपति प्रो. बर्थवाल, प्रो. जोशी आदि।

जागरण संवाददाता, नैनीताल : विज्ञान जहाँ तक्यों पर आधारित है, वहीं धर्म विश्वास पर टिका है। भविष्य में आने वाली अनिश्चितता की स्थितियों में विज्ञान और धर्म ही समस्याओं का व्याख्या कर सकते हैं। विज्ञान और धर्म न केवल एक-दूसरे की धुरी हैं, बल्कि दोनों परिस्थिति अनुरूप समस्याओं का समाधान ढूँढ़ सकते हैं।

प्रो.एचएस धामी ने यह बात शुकवार को हरमिटेज भवन सभागार में विज्ञान और धर्म विषयक सेमिनार में कही। मुख्य अतिथि पूर्व कुलपति प्रो.सीपी बर्थवाल ने कहा कि विज्ञान तर्क करता है, सवाल पूछता है, साक्ष्यों पर कसता है। जबकि धर्म विश्वास, पवित्रता व ईश्वर के अस्तित्व पर आधारित है। मुख्य वक्ता मुन्न विवि के निदेशक स्कूल ऑफ एजुकेशन प्रो.जेक जोशी ने कहा कि मौजूदा दौर में छात्रों का ध्यान विज्ञान के

हरमिटेज भवन में सेमिनार

बजाय तकनीकी की ओर अधिक है। निदेशक प्रो.बीएल साह ने उम्मीद जताई कि सेमिनार में प्रस्तुत शोधपत्र महत्वपूर्ण जानकारी जोड़ने में सफल होंगे। इस मौके पर पुस्तक एनबायरमेंटल एजुकेशन इकोनॉमिक एंड सोशियल सस्टेनेबिलिटी का विमोचन किया गया।

कॉलेज के नवनिर्मित सभागार में तीन दिवसीय पुस्तक प्रदर्शनी का शुभारंभ भी कुलपति प्रो. धामी ने किया। संचालन उपनिदेशक डॉ. दिव्या जोशी व सहायक निदेशक डॉ. रितेश साह ने किया। सेमिनार में परिसर निदेशक प्रो. एसपीएस मेहता, प्रो. डीसी पांडे, प्रो.नीता योगा शर्मा, प्रो. ललित तिवारी, डॉ.एसके पांडे, डॉ. डीएस कोटलिया, डॉ. कल्पना अग्रहरि समेत शोधार्थी छात्र-छात्राएं मौजूद थे।

4/8/2015

Evaluation of Participants

UGC-ACADEMIC STAFF COLLEGE, KUMAUN UNIVERSITY, NAINITAL
Orientation Programme- 29 (02 March 2015- 28 March 2015)

Participant Performance Evaluation Sheet

S.I. No.	Name of the Participant	Overall response 25 marks	Research Project Proposal 20 marks	Power Point Presentation 15 Marks	GPA 7.5 marks	GD 7.5 marks	Seminar 15 Marks	Micro Teaching 10 marks	Total Maximum Marks 100
1.	Ankur Navin Bhai Kansagara	24	15.0	11.0	6.5	7.5	12.0	8.0	84.0
2.	Ankush Gangaram Suryawanshi	24	15.0	11.0	6.5	7.5	11.0	8.0	83.0
3.	Bhanu Prakash Joshi	24	15.0	12.0	6.5	7.5	11.0	8.0	84.0
4.	Deepak Kumar Tamta	24	14.0	11.0	6.5	7.5	12.0	8.0	83.0
5.	Dipali Namdev Sable	24	13.0	11.0	6.5	7.5	12.0	7.0	81.0
6.	Garima Tyagi	24	15.0	12.0	6.5	8.0	12.0	8.0	85.5
7.	Geeta Pant	24	13.0	11.0	6.5	7.5	12.0	7.0	81.0
8.	Gohil Virmdevsingh Bapalal	24	15.0	11.0	6.5	7.5	12.0	7.0	83.0
9.	Hiten Jayantilal Kanani	24	15.0	11.0	6.5	7.5	12.0	8.0	84.0
10.	Kallappa Tukaram Vhanhuve	24	15.0	11.0	6.5	7.5	12.0	7.0	83.0
11.	Kanchan Saxena	24	15.0	11.0	6.5	7.5	12.0	8.0	84.0
12.	Lotika Amit	24	15.0	12.0	6.5	7.5	12.0	8.0	85.0
13.	Mamta Pant	24	15.0	11.0	6.5	7.5	12.0	8.0	84.0
14.	Manoj Uttamrao Patil	24	15.0	12.0	6.5	8.0	11.0	8.0	84.5
15.	Milan Kantilal Kansagara	24	15.0	12.0	6.5	7.5	11.0	8.0	84.0
16.	Nabajyoti Das	24	15.0	11.0	6.0	7.5	11.0	7.0	81.5
17.	Nareshkumar Karshanbhai Ajuda	24	15.0	11.0	6.0	7.5	11.0	8.0	82.5
18.	Pragya Verma	24	14.0	11.0	6.0	7.5	11.0	8.0	81.5
19.	Pralhad Vinay Rege	24	15.0	11.0	6.0	7.5	11.0	8.0	82.5
20.	Rahul Chudaman Ranveer	24	15.0	11.0	6.0	7.5	11.0	7.0	81.5
21.	Rajesh Kumar	24	14.0	13.0	6.0	8.0	11.0	7.0	83.0
22.	Resmy Sally Koshy	24	16.0	11.0	6.0	7.5	11.0	8.0	83.5
23.	Santosh Kumar C.G.	24	15.0	11.0	6.0	7.0	11.0	7.0	81.0
24.	Shivaji Babaso Sadale	24	15.0	11.0	6.0	8.0	11.0	8.0	83.0
25.	Shivaji Vishnu Naik	24	15.0	12.0	6.0	8.0	11.0	9.0	85.0
26.	Suchetan Kumar	24	15.0	12.0	6.5	8.0	11.0	8.0	84.5
27.	Suresh Kumar Arya	24	16.0	12.0	6.5	7.5	11.0	7.0	84.0
28.	Suyash Bhardwaj	24	15.0	11.0	6.5	7.0	11.0	8.0	82.5
29.	Tejpal Singh	24	15.0	11.0	6.5	7.0	11.0	8.0	82.5
30.	Urvashi Pandey	24	16.0	12.0	6.5	8.0	12.0	8.0	86.5
31.	Virendra Kumar	24	16.0	11.0	6.5	7.5	11.0	8.0	84.0

Director

Course Coordinator

Evaluation of Resource Persons

Orientation Programme- 29 (02-03-2015 to 28-03-2015)

Sr. No.	Name of Resource Person	Grading (Excellent + Good in %)
1.	Prof. A S Rawat	98
2.	Shri Anup Sah	95
3.	Prof. Shekhar Pathak	92
4.	Prof. J K Joshi	92
5.	Prof. R K Pande	91
6.	Prof. P.C. Tiwari	90
7.	Dr. Ashish Johri	90
8.	Prof. C.C. Pant	84
9.	Dr. L.N. Joshi	83
10.	Prof. V.K. Pant	75
11.	Lt. Gen. M.C. Bhandari	75
12.	Dr. Hardeep	74
13.	Dr. Anjana Joshi	73